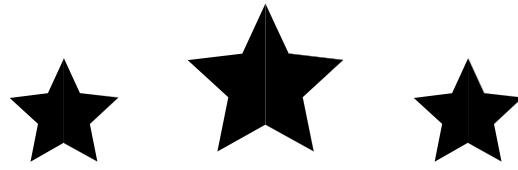


The Ultimate



ROCK VALLEY

IOWA

24-Hour

Getaway

Settled in 1868, Rock Valley is one of the most underrated small towns you will visit this summer. With a surprising amount of shopping options and a 5-star bistro located inside the town's hospital, this unique farming community will quickly become your go-to destination for a weekend getaway. In fact, this tiny town of only 4,000 people is still growing, with interests peaking due to the successful ag industry that is housed in the Rock Valley Cooperative Farmers Elevator. Without further ado, let's explore!

Day 1

9:00 am:

Arrive in town just in time for breakfast at Stone Soup Café (1446 Main St, Rock Valley, IA)

With its country general store aesthetics on the outside, this small-town diner will have you getting settled for an amazing homecooked meal. After driving into town and needing fuel for a busy day, you'll want to start off with one of their crowd favorites the biscuits and gravy with a scrambled egg laid on top. Only open for breakfast and lunch, make sure you come early, since Stone Soup Café seems to be the place to be for morning breakfast. (<https://www.facebook.com/p/Stone-Soup-Cafe-100063476265894/>)

11:00 am:

Take a private tour of the Rock Valley Museum (1415 Main St, Rock Valley, IA)

Owned and operated by Greg Westra, a local Rock Valley resident, this privately owned and totally unique museum is worth your time to schedule a tour. Formerly Pember Family Pharmacy, this museum still has many remnants from a century ago lingering on the shelves, as if someone hit the pause button. There are thousands of artifacts that tell a colorful history of Rock Valley, from a privately owned steamboat which conducted pleasure cruises along the river, to Rock Valley's very own Opera House, and even a vintage racing jacket from the local group of misfits called the Rolling Racers. From filling the streets with the sounds of revving engines to helping people stranded on the side of the road, they soon became the town's protagonist. Call Greg before your visit to set up a private viewing at (712) 470-1819. (<https://www.facebook.com/rockvalleymuseum/>)

1:00 pm:

Shopping in Rock Valley:

- Gathered Home Goods
- The Antique Locker
- Kel-Brits Dress Shoppe
- Copper Rose
- Something Special Floral & Gifts
- Treasures on Main
- The Economy Shop
- First Impressions

3:30 pm:

Enjoy a pre-dinner mimosa flight at Rooted Plant (1514 Main St, Rock Valley, IA)

Graduating with a horticulture degree from Southeast Technical College in Sioux Falls, owner Katie she moved to Rock Valley where she paired her love of plants with her other love, coffee. And lucky for us, we get the best of both worlds with Rooted Plant + Coffee Shop. Along with amazing cold brews, they also have coffee flights! Um...What?! Yes, make sure to get ready to splurge a little and try something new. You get your choice of five coffee pours, which includes everything from a white chocolate mocha, to a vanilla latte, and even an Americano. Or, if you want to relax after an afternoon of shopping, check out their mimosa flights and other seasonal flights as well. (<https://www.rootedplantshop.co/>)

5:30 pm:

Check in at your hotel - GrandStay Hotel & Suites (2679 Rock Ridge Dr, Rock Valley, IA)

Make sure to book your room ahead of time via their website.

(<https://www.grandstayahospitality.com/find-a-hotel/locations/rock-valley/overview>)

6:30 pm:

Head to dinner

- La Rosita Inc
- Cedar Rock Grill
- Las Penas
- Doon Steakhouse (Doon, IA)
- Burn's Grill (Doon, IA)

Day 2

8:30 am:

Grab breakfast at your hotel before checking out.

10:30 am:

Catch up on more shopping that you may have missed yesterday.

12:30 pm:

Before leaving town stop for roadtrip snacks at Bistro 67

Let's fuel up on caffeine at the hospital, but don't worry, we're not checking in! Rather, we're taking advantage of this little hidden gem where the locals come for some amazing lunch sandwiches. Located just past the check-in desk inside the medical center is Bistro 67, a well-established café that serves restaurant magazine quality fares. Along with an iced coffee, you'll also find an entire lunch menu consisting of paninis, burgers and wraps, as well as yogurt parfait and some peanut butter oatmeal balls for on-the-go snacks.

Thank You

This concludes your visit to Rock Valley. Take your time throughout your visit, and don't feel like you have to do everything. Please, don't hesitate to reach out with any suggestions or questions you may have! I hope you enjoy your time in Rock Valley, and make sure to tag me in your adventures @TheSiouxlandBlog!

If you are planning a trip around a certain event, here are some ideas to help you on your journey:

- Spring in the Valley (Last week of March)
- Mother's Day in the Valley (2nd weekend in May)
- Rock Valley Farmers Market - June to September (Wednesdays 4:00pm - 6:30pm)
- Crazy Days in the Valley (2nd weekend of August)
- Rally in the Valley (2nd week of August)
- Harvest in the Valley (3rd weekend in September)
- Candy in the Valley (October)
- Holiday in the Valley (2nd weekend in November)
- Lights Around the Bend (All December long)